

Hatch

The story of how PEHP helps new parents
plan for their Baby Dino



Story and Illustrations by

PEHP
Health & Benefits

Deano and Dinah Soar are expecting a baby!

While the news is surely exciting, it also brings many questions. Luckily, the Soar family has PEHP health benefits to help them on their journey.

Deano logs in to his account at www.pehp.org and clicks "Benefit Summaries" to see their maternity benefits, based on his health plan.

"This is valuable information," he says, as he reads about preauthorization and lab tests. "Dinah, take a look."

Dinah learns that:

- » Expectant mothers can participate in the [WeeCare program](#) to have the healthiest pregnancy and outcomes possible.
- » [Delivery](#) doesn't require preauthorization.
- » [Genetic testing](#) requires preauthorization.
- » Preauthorization is required if the baby needs to stay in the NICU.
- » [Lab work](#) done in-network will avoid extra costs, like balance billing. Labs are more expensive when a hospital is involved.
- » [Home births](#) are not covered.



Dinah learns she may have a copay for her regular maternity checkups. "OK. What about other expenses?" she asks. She goes on to read that:

- » The **delivering doctor** or **certified nurse midwife** is paid based on your benefits.
- » The **hospital** will bill separately, as would an **anesthesiologist** if services are required.
- » **Additional prenatal visits** beyond routine prenatal care are billed separately.
- » Generally, **prenatal vitamins** are covered at 100% (generic only).

Call PEHP to confirm.



Breast Pump Benefit

- » One breast pump is covered during pregnancy or within 12 months after delivery.
- » Breast pumps can be obtained through an in-network DME provider or purchased from a store or internet. Go to pehp.org to find a list of DME providers.
 - » Personal-use electronic breast pumps are paid at 100% up to \$195 with an DME in-network provider.
 - » If you pay for the breast pump up-front, you'll have to complete the "Self-Pay Medical Claim Form" to get reimbursed. Electric breast pumps are reimbursed up to \$195. Manual breast pumps are reimbursed up to \$24.95. Find the form under the "Resources & Help" menu.
- » Hospital-grade pumps are covered, but they're only for rent and require preauthorization. This benefit is in addition to one electronic or manual personal-use breast pump.

The Big Day is here! Baby DeeDee has hatched and Dinah and Deano welcome her to the family.

As the Soars get adjusted to life with their new baby, there are plenty more PEHP benefits to help keep mom and baby healthy going forward.



PEHP WeeCare

PEHP WeeCare is a pregnancy and postpartum program set up to support all PEHP members, including dependents. Our goal is to help expectant mothers have the healthiest pregnancy and outcomes possible. Check your benefit materials or call us (801-366-7400) to see if you're eligible. Learn more at www.pehp.org/weecare.

How to Enroll Your Newborn

Remember to add your newborn to your health plan within 30-60 days of birth.* You can enroll your newborn online via your PEHP account at www.pehp.org or through your employer. Check with your employer to verify which enrollment options are available. Coverage will be retroactive to the birth of your child. Grandchildren are not eligible to enroll.

**Newborn enrollment requirements vary by employer. Call us to learn more.*



Other Considerations

Find the Right Pediatrician

Get the best care at the best value for your newborn. Find and compare pediatricians in your network, see member reviews, and helpful tips. See more ideas about finding the best care and preparing for your appointments at www.pehp.org/knowbeforeyougo.

Life Insurance

It's important to review your life insurance coverage when you experience a significant life event, such as the birth of a child. You can enroll or increase your Life insurance coverage at any time with PEHP.*

**Not all employers offer PEHP life insurance*

College Savings Plans

It's never too early to start saving for college. The Utah Educational Savings Plan (UESP) is a nonprofit plan that offers a way to save for college while saving on taxes. Learn more: my529.org



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